

Monday	
No	Item
1	Rice
2	Beans
3	Spaghetti
4	Meat
5	Bananas(Fruit)
6	Obergine
7	Sauce (Tomatoes)

Tuesday	
No	Item
1	Rice
2	Peas
3	Potatoes
4	Watermelon
5	Sauce (Tomatoes)

Wednesday	
No	Item
1	Rice
2	Beans
3	Spaghetti
4	Meat
5	Bananas(Fruit)
6	Obergine
7	Sauce (Tomatoes)
8	Sombe

Thursday	
No	Item
1	Rice
2	Beans
3	Watermelon(Fruit)
4	Obergine
5	Sauce (Tomatoes)
6	Ndagala
7	Potatos